

THE THIRTY-TWO FAULTS TO BE AVOIDED DURING SAMAYIK

Ten Faults of Mind

1. Doing Samayik without discrimination.
2. Doing Samayik for fame and prestige.
3. Doing Samayik out of greed or wealth.
4. Doing Samayik owing to pride.
5. Doing Samayik with a feeling of fear.
6. Doing Samayik with a desire of material reward.
7. Doing Samayik with a doubt.
8. Doing Samayik with anger.
9. Doing Samayik with impertinence, without respect to God (Dev), Teacher (Guru), and Religion (Dharma.)
10. Doing Samayik like a person who is forced to do it without the wish to do it, i.e. doing unwillingly without respect towards God (Dev), Teacher (Guru), and Religion (Dharma).

Ten Faults of Speech

1. If a person speaks bad words.
2. If a person speaks without thinking.
3. If a person speaks or sings such songs and talks which raise uncontrollable emotions.
4. If a person speaks incomplete words and letters.
5. If a person speaks quarrelsome language.
6. If a person speaks gossips of four types.
7. If a person speaks mocking language.
8. If a person speaks speedily without clarity.
9. If a person speaks without rationality.
10. If a person speaks doubtful mixed speech.

Twelve Faults of Body

1. If a person sits with crossed legs or with one leg over another.
2. If a person sits with unsteady posture.
3. If a person sits with unsteady eye-sight.
4. If a person does domestic work, etc.
5. If a person sits by leaning against something.
6. If a person stretches his body, hands, and legs without reason.
7. If a person stretches his body lazily, or drowsily sleeps.
8. If a person makes sound by stretching fingers of hands and legs.
9. If a person removes dirt from his body.
10. If a person sits with his hand on the head or forehead in a sorrowful posture or if he rubs the itching parts without sweeping or walks during the night without sweeping.
11. If a person sleeps or remains lazy.
12. If a person causes himself to be seved by others without reasons.

