

## Prayer of Jain Religion:

Every day Jains bow their heads and say their universal prayer, the Navkar-mantra. All good work and events start with this prayer of salutation and worship.

### Namokar Mantra or Namaskar Mantra

- Namō Arihantanam: I bow to the enlightened beings
- Namō Siddhanam: I bow to the liberated souls
- Namō Ayariyanam: I bow to religious leaders
- Namō Uvajjayanam: I bow to religious teachers
- Namō Loe Savva Sahunam: I bow to all ascetics of the world
- Eso Panch Namukkaro:
- Savva Pava Panasano: These five salutations are capable of destroying all the sins.
- Mangalancha Savvesin:
- Padhamam Havai Mangalam: This is the first happiness among all forms of happiness.

In the above prayer, Jains salute the virtues of their five benevolent. They do not pray to a specific Tirthankara or monk by name. By saluting them, Jains receive the inspiration from the five benevolent for the right path of true happiness and total freedom from the misery of life. Jain prayers do not ask for any favors or material benefits from their Gods, the Tirthankaras or from monks and nuns.